**CREW UPDATES:**

**Siri Østvold (NORWAY)**

Creator, Business Architect & Athlete

She has done a Tedx talk and keynote talks to share her experiences and lessons from the sailing expedition crossing the North Pacific. As a Business Architect in Æra Strategic Innovation she created new business opportunities with sustainability at the core. She was the CEO and co-founder of Ærli with the goal of making the travel industry more regenerative, and a Co-founder of The Rebellion creating impactful leadership retreats. As a professional freediver she has gained 11 Norwegian records and is a Nordic Champion in the discipline dynamic no fins, and she keeps using exploration of the underwater world as a backdrop for storytelling and driving change.

**Kristine Berg (NORWAY)**

Recycling Manager

Kristine continued sailing after the North Pacific crossing, which was her first sailing experience. Featured in several national publications in Norway, at conferences and at events, she had been sharing what she learned from the voyage with thousands of people globally. In 2020, she joined eXXpedition once more for the Round The World voyage, from Easter Island to Tahiti, through the South Pacific Gyre. She has crewed on a whale research mission along Norwegian coast to the Lofoten islands, and most recently sailed around the Irish Sea - just for fun. In 2021, she was part of an all-women’s regatta team.

After the voyage, she worked as Sustainably Manager for the TOMRA Group, until moving on to her current role as Recycling Manager for Elopak. She volunteers her time to a Norwegian technology association, focused on innovation, legislation and ideas around circular economy.

**Rowan Henthorn (ISLE OF MAN)**

Marine Scientist

‘Following the expedition, Rowan returned to the Isle of Man, where she became deeply committed to addressing the issue of plastic pollution. Through a blend of policy and community initiatives, she successfully introduced legislation to ban ten single-use plastic items, aligning with the EU Plastics Directive

Today, Rowan continues her dedication to environmental causes, through the Manx Blue Carbon Project, where she strives to make a positive impact on ocean health and biodiversity. Additionally, she is the founder of Make Good, a social enterprise focused on connecting individuals with nature and making positive change through immersive workshops, imaginative projects, and environmental consultancy.’

**Emily Duncan (UK)**

Research Scientist

Emily is a conservation biologist with 10 years of experience working in marine research specialising on the impacts and monitoring of plastic pollution. After completing her PhD ‘*Investigating impacts of plastic pollution on marine turtles’*at the University of Exeter she has worked on numerous projects from National Geographic Sea to Source Expedition assessing plastic pollution along the length of the Ganges river to investigating the distribution of ghost gear in the deep-sea surrounding the Azores. She feels passionately about combining high-quality science and conservation with community engagement; to address key issues and centralise stakeholders in solutions.Emily is currently the Principal Technical Consultant on Fundação Príncipe’s project ‘*Bolstering Príncipe's resilience to marine plastics through strengthened community capacity’* and sits on the expert panel for DEFRA’s Ocean Community Empowerment and Nature (OCEAN) Grants Programme.

**Michelle Byle (USA)**

Packaging Designer

Immediately following the expedition, Michelle returned to California, and through her work as a designer, pushed for systemic change within the consumer packaged goods industry. In 2020, after spending nearly a decade in the corporate realm, she decided to take what she had learned from work and at sea, and started her own design consultancy. Her focus now is on helping established brands and startups develop sustainable solutions. And in 2022 Michelle became a mom to a little boy with ocean eyes, who continues to inspire her daily.

**Sally Earthrowl (UK)**

Teacher

Inspired by the North Pacific voyage, Sally stayed working with eXXpedition for ‘Round the World’ and led missions in the Caribbean as well as delivering the online Virtual Voyages.

Valuing the importance and power of education as key to the sustainable management of global issues, Sally returned to the Geography classroom in 2021. She soon became Assistant Head, leading on Sustainability and EDI at a school in Surrey, as well as facilitating networks for school Sustainability Leads through the Society of Heads. Drawing on her eXXpedition experience to educate and empower young people and school leaders about our planet, it’s power and how we all have a role in the solutions.

The adventurer in Sally still finds ways to explore and she joined Barba Boat as an education expert in summer 2023 venturing to the Arctic archipelago of Svalbard. Working alongside oceanographers, marine biologists and videographers to capture the wonder of the Arctic region to educate about its vulnerability to the world’s changing climate.